

# The Autism Society of California

## 2018 Survey Children and Adults with Intellectual and Developmental Disabilities

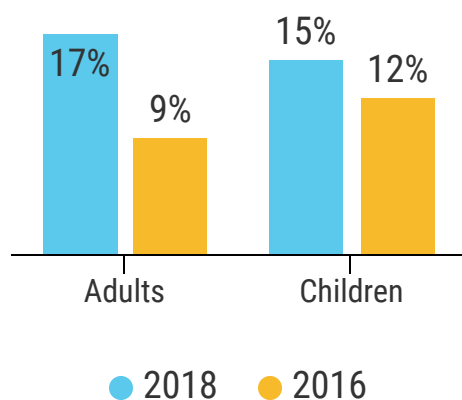
# Families in Crisis

The Autism Society of California conservatively estimates there are over 425,000 children and adults with ID/DD in California, of which 80% are Regional Center clients. Results below are from 960 survey respondents.



**67,000 families are in crisis!**  
**175,000 are in desperate need of services!**

### Families In Crisis



### 1 Need: Social and Recreational Services

**1 in 3 children (31%)**  
**1 in 5 adults (21%)**

In 2008, the California Legislature voted to suspend Regional Center Social Recreation services. Children and adults with and without complex needs should have safe places to learn, practice friendship and recreational skills and be able to be part of their community. It is not enough to reinstate this service. Trained, knowledgeable, consistent staff who can provide these services to all ages and all abilities are needed.

### 2 Need: Employment, Job Training, and Day Services

**1 in 5 adults (20%)**

While 81% of self-advocates and parents of adults feel it is important for the adult to work a minimum of 20 hours a week at an integrated job in the community receiving minimum wage or greater, only 4% of this population has achieved this goal. Families and self-advocates expressed their need to have more meaningful options including customized employment, job matching, and quality day services.

### 3 Need: Independence and Safety Skills

**1 in 10 children (10%)**  
**1 in 10 adults (11%)**

Self-advocates and parents stated their frustration with the lack of resources and services to help their loved one be more independent in the community. This category included a range of skills including functional living skills, a variety of safety issues, Emergency and Disaster Preparedness, Relationship skills, and Self-advocacy skills.

### 4 Need: Staffing

**1 in 14 children (7%)**  
**1 in 10 adults (11%)**

As more children and adults integrate into the community, the service system needs to ensure there are sufficient resources to keep these individuals safe. Resources are needed to ensure additional staff with experience and skills to accommodate smaller service delivery model and individuals with complex behavior/medical needs.

### 5 Need: Housing

**1 in 10 adults (10%)**

All parents may wonder what life will be like for their children when they are gone, but for parents of children and adults with ID/DD, the issue of a safe place with supportive, loving staff to assist them becomes particularly poignant. Individuals and families need expanded rental assistance programs, a change in current regulations to allow for Supportive Living Services to be provided in the family home. and flexibility in choices in where their loved one can live.